



IGNITE • ENGAGE • EMBRACE

EXPLORE THE WONDERS OF WINTER

WITH NEW PROGRAMS!



The Schwartz/Reisman Centre

Joseph & Wolf Lebovic Jewish Community Campus
9600 Bathurst St. Vaughan, ON. L6A 3Z8
(905) 303-1821 • srcentre.ca



Schwartz/Reisman
Centre



UJA FEDERATION
of Greater Toronto



BECOME A MEMBER!

IT'S EASY TO SEE WHY MEMBERS SAY THEY LOVE THE J.

WHAT'S INCLUDED:

- Over 100 group exercise classes including Spin, Yoga, Zumba, Pilates, Kickboxing and Aquafit.
- State-of-the-art equipment including full access to our cardiovascular and weight training centre and sports gymnasiums.
- Three salt water pools including two indoor and one outdoor for lane and recreational swimming.
- Skilled personal trainers who are here to help you achieve your goals.
- Underground parking.
- Discounts on hundreds of programs including Family Programming, Fitkidz and Jungle Gym Classes as well as drop off classes.
- Fantastic membership appreciation and community events allowing you and your family to connect with other members of the community.

**WANT TO TRY OUR FITNESS CENTRE? CALL (905) 303-1821
VISIT US [JOIN.SRCENTRE.CA/SRC-MEMBERSHIP](https://join.srcentre.ca/src-membership)**



REGISTRATION MADE EASY

VISIT ONLINE AT SRCENTRE.CA
OR CALL 905.303.1821 x3025

HOURS OF OPERATION

Monday to Friday: 5:30 AM - 10:00 PM

Saturday: 7:00 AM - 10:00 PM

Sunday: 7:00 AM - 8:00 PM

Statutory Holiday Hours: 9:00 AM - 5:00 PM

FITNESS & RECREATION



CHILDREN



Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Family Multisport	2 to 5 yrs.	Saturdays	Jan. 11	Mar. 7	Feb. 15	10:00 - 10:45 AM	\$168	\$144
Multisport	3 to 5 yrs.	Saturdays	Jan. 11	Mar. 7	Feb. 15	10:45 - 11:45 AM	\$168	\$144
Basketball	4 to 6 yrs.	Saturdays	Jan. 11	Mar. 7	Feb. 15	11:45 AM - 12:45 PM	\$168	\$144
Multisport, Parent and Tot	18 m to 24 m	Sundays	Jan. 12	Mar. 8	Feb. 16	9:15 - 10:00 AM	\$168	\$144
Multisport, Parent and Child	2 to 3 yrs.	Sundays	Jan. 12	Mar. 8	Feb. 16	10:00 - 10:45 AM	\$168	\$144
Multisport	3 to 5 yrs.	Sundays	Jan. 12	Mar. 8	Feb. 16	10:45 - 11:15 AM	\$168	\$144
Basketball	4 to 6 yrs.	Thursdays	Jan. 16	Mar. 5	-	4:30 - 5:15 PM	\$168	\$144
Soccer	3 to 5 yrs.	Thursdays	Jan. 16	Mar. 5	-	5:15 - 6:00 PM	\$168	\$144

CHILDREN - SPRING SESSION



Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Family Multisport	2 to 5 yrs.	Saturdays	Mar. 21	May 2	Apr. 11	10:00 - 10:45 AM	\$126	\$108
Multisport	3 to 5 yrs.	Saturdays	Mar. 21	May 2	Apr. 11	10:45 - 11:45 AM	\$126	\$108
Basketball	4 to 6 yrs.	Saturdays	Mar. 21	May 2	Apr. 11	11:45 AM - 12:45 PM	\$126	\$108
Multisport, Parent and Tot	18 m to 24 m	Sundays	Mar. 22	May 3	Mar. 29 & Apr. 12	9:15 - 10:00 AM	\$105	\$90
Multisport, Parent and Tot	2 to 3 yrs.	Sundays	Mar. 22	May 3	Mar. 29 & Apr. 12	10:00 - 10:45 AM	\$105	\$90
Multisport	3 to 5 yrs.	Sundays	Mar. 22	May 3	Mar. 29 & Apr. 12	10:45 - 11:45 AM	\$105	\$90
Basketball	4 to 6 yrs.	Thursdays	Mar. 26	May 14	Apr. 9 & 16	4:30 - 5:15 PM	\$126	\$108
Soccer	3 to 5 yrs.	Thursdays	Mar. 26	May 14	Apr. 9 & 16	5:15 - 6:00 PM	\$126	\$108

Explore the
WONDERS OF WINTER

Register for winter now at scentre.ca

CHILDREN - FITNESS PROGRAMS

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Jungle Gym	0 to 5 yrs.	Sundays, Mondays	Ongoing	Ongoing	Mar. 29	9:30 - 11:30 AM	\$10/Child	INCLUDED
Rock Steady Boxing York Region	Medical Criteria	Sundays To Fridays	Jan. 12	Apr. 3	-	Check Website	\$288	\$252
J Kids	5 to 13 yrs.	Mondays To Thursdays	Ongoing	Ongoing	Feb. 17, Apr. 8 & 13	Check Website	\$10/Child	INCLUDED
Parent/Child Yoga	8 to 12 yrs.	Mondays	Jan. 13	Apr. 6	Feb. 17	6:30 - 7:30 PM	\$240	\$215
J-Fit Teen Training	10 to 14 yrs.	Mondays, Tuesdays, Thursdays	Jan. 13	Apr. 6	Feb. 17	6:30 - 7:30 PM	\$220	\$190
Tai Chi	18+	Wednesdays	Jan. 15	Apr. 1	-	7:30 - 8:30 PM	\$180	\$145
Barre Meets Bey	18+	Mondays & Thursdays	Jan. 13	Apr. 6	Feb. 17	(M) 8:00 - 9:00 PM (TH) 11:00 AM - 12:00 PM	\$200	\$160
JCC Triathlon Club (Ride Program)	15+	Tuesdays	Jan. 7	Apr. 28	-	8:00 - 9:00 PM	\$240	INCLUDED
JCC Triathlon Club (Swim Session)	15+	Thursdays	Jan. 2	Apr. 30	-	6:00 - 7:30 AM	\$240	\$180
JCC Triathlon Club (Swim Session)	15+	Saturdays	Jan. 4	Apr. 25	-	6:00 - 7:30 AM	\$240	\$210
Mindfulness Yoga for Parkinson's	Medical Criteria	Tuesdays, Wednesdays	Jan. 14	Apr. 1	-	1:00 - 2:00 PM	\$240	\$216
Extreme Martial Arts (XMA)	8+	Tuesdays	Jan. 14	Mar. 31	-	5:30 - 6:30 PM	\$180	\$145
Commando Krav Maga	10 to 14 yrs.	Tuesdays, Thursdays, Saturdays	Ongoing	Ongoing	Statutory & Erev Holidays	(T/TH) 6:30 - 7:30 PM (S) 11:30 AM - 1:00 PM	\$140/ Month or \$185/10 Classes	\$125/ Month or \$150/10 Classes
Commando Krav Maga	15+	Tuesdays, Thursdays, Saturdays	Ongoing	Ongoing	Statutory & Erev Holidays	(T/TH) 7:30 - 9:00 PM (S) 11:30 AM - 1:00 PM	\$140/ Month or \$185/10 Classes	\$125/ Month or \$150/10 Classes

CHILDREN - FITNESS PROGRAMS

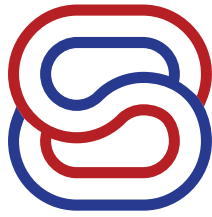
Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Time	Regular Fee	Member Fee
Kids Karate	4 to 9 yrs.	Saturdays	Jan. 18	Apr. 4	10:30 - 11:30 AM	\$210	\$180
Splash & Dash Home School Program (Exploring Arts)	3 to 12 yrs.	Wednesdays	Jan. 15	Apr. 1	10:00 - 11:30 AM	\$204	\$180
Splash & Dash Home School Program (Multisport)	3 to 12 yrs.	Wednesdays	Jan. 15	Apr. 1	11:00 AM - 12:00 PM	\$120	\$96
Splash & Dash Home School Program (Fitness)	3 to 12 yrs.	Wednesdays	Jan. 15	Apr. 1	1:00 - 3:15 PM	\$240	\$180
Splash & Dash Home School Program (Swim Lessons)	3 to 12 yrs.	Wednesdays	Jan. 15	Apr. 1	2:15 - 3:15 PM	\$264	\$185
Parent & Child Training	10 to 14 yrs.	Wednesdays	Jan. 15	Apr. 1	6:30 - 7:30 PM	\$240	\$215
Pre-Natal Yoga	18+	Thursdays	Jan. 9	Feb. 27	7:00 - 8:1 PM	\$175	\$145

BOXING

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
JCC Boxing Club	6 to 9 yrs.	Mondays, Wednesdays, Saturdays	Ongoing	Ongoing	Statutory & Erev Holidays	(M/W) 5:00 - 6:00 PM (S) 1:00 - 2:00 PM	\$110/ Month	\$90/ Month
JCC Boxing Club	10 to 13 yrs.	Mondays, Wednesdays, Saturdays	Ongoing	Ongoing	Statutory & Erev Holidays	(M/W) 6:00 - 7:00 PM (S) 1:00 - 2:00 PM	\$110/ Month	\$90/ Month
JCC Boxing Club	14+	Mondays, Wednesdays, Fridays, Saturdays	Ongoing	Ongoing	Statutory & Erev Holidays	(M/W/F) 7:00 - 8:30 PM (S) 2:00 - 3:30 PM	\$110/ Month	\$90/ Month

Explore the
WONDERS OF WINTER

Register for winter now at scentre.ca



SYNERGY

ALPHAACTIVE

Small Group Training



READY TO
CHANNEL YOUR INNER
ALPHA?

This program maximizes strength, stamina, and resilience by pushing you to new limits to get the best results. Compete alongside your teammates to see who comes out on top!

STRIVE FOR ULTIMATE PERFORMANCE!



LOOKING FOR THE
BEST WAY TO
ACTIVE? STAY

This program targets mobility, stability, core strength, and conditioning by focusing on technique and range of motion. Find a team that will support you and help celebrate your achievements.

**STRIVE TO BE YOUR
BEST SELF!**

WHY SMALL GROUPS DO BIGGER THINGS

Program Excellence

Progressive 8-week plan ensures ultimate results, fast!

Individual Coaching

Small group setting ensures that the coach can focus on each individual.

Variety

No two workouts are alike to keep you motivated.

Supportive Team Environment

Working with a group will push you to achieve your best.

Fun

Innovative equipment, dynamic workout formulas and friendly competitions.

Cost-Effective

Share the cost of a personal trainer!

Synergy offers 2 programs, based on your personality and fitness goals:

Synergy ALPHA and **Synergy ACTIVE**

Sign up today at srcentre.ca

SYNERGY FITNESS AT THE J!

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Synergy ACTIVE	16+	Mondays, Wednesdays	Jan. 6	Feb. 26	-	6:30 - 7:30 AM	\$299	\$240
Synergy ACTIVE	16+	Mondays, Wednesdays	Jan. 6	Feb. 26	-	6:30 - 7:30 PM	\$299	\$240
Synergy ACTIVE	16+	Mondays, Wednesdays	Jan. 6	Feb. 26	-	7:30 - 8:30 PM	\$299	\$240
Synergy ACTIVE	16+	Mondays, Wednesdays	Mar. 2	Apr. 22	-	6:30 - 7:30 AM	\$299	\$240
Synergy ACTIVE	16+	Mondays, Wednesdays	Mar. 2	Apr. 22	-	6:30 - 7:30 PM	\$299	\$240
Synergy ACTIVE	16+	Mondays, Wednesdays	Mar. 2	Apr. 22	-	7:30 - 8:30 PM	\$299	\$240
Synergy ACTIVE	16+	Tuesdays, Thursdays	Jan. 7	Feb. 27	-	5:30 - 6:30 PM	\$299	\$240
Synergy ACTIVE	16+	Tuesdays, Thursdays	Mar. 3	Apr. 23	-	6:30 - 7:30 PM	\$299	\$240
Synergy ACTIVE	16+	Wednesdays, Fridays	Jan. 8	Feb. 28	-	9:30 - 10:30 AM	\$299	\$240
Synergy ACTIVE	16+	Wednesdays, Fridays	Mar. 4	Apr. 24	-	9:30 - 10:30 AM	\$299	\$240
Synergy ALPHA	16+	Tuesdays, Thursdays	Jan. 7	Feb. 27	-	9:00 - 10:00 AM	\$299	\$240
Synergy ALPHA	16+	Tuesdays, Thursdays	Jan. 7	Feb. 27	-	6:30 - 7:30 PM	\$299	\$240
Synergy ALPHA	16+	Tuesdays, Thursdays	Mar. 3	Apr. 23	-	9:00 - 10:00 AM	\$299	\$240
Synergy ALPHA	16+	Tuesdays, Thursdays	Mar. 3	Apr. 23	-	6:30 - 7:30 PM	\$299	\$240

PERSONAL TRAINING AT THE J!

One-on-one, semi-private and small group training options are available.

Your first training session is FREE!

Book your complimentary session at the Fitness Desk.
For more information please contact **Irina Grouzman** at
905.303.1821 ext 3031 or irina@srcentre.ca



CULTURAL ARTS

CHILDREN PROGRAMS PROVIDED



Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Rising Stars	3 to 5 yrs.	Sundays	Jan. 12	Mar. 29	Feb. 16 & Mar. 15	10:45 - 11:30 AM	\$170	\$150
Pop Stars	3 to 5 yrs.	Tuesdays	Jan. 14	Mar. 31	Mar. 17	4:45 - 5:30 PM	\$187	\$165
Super Stars	5 to 8 yrs.	Tuesdays	Jan. 14	Mar. 31	Mar. 17	5:30 - 6:30 PM	\$187	\$165
Junior Acro Gymnastics	3 to 5 yrs.	Wednesdays	Jan. 15	Apr. 1	Mar. 18	4:45 - 5:30 PM	\$187	\$165
Acro - Gymnastics	5 to 8 yrs.	Wednesdays	Jan. 15	Apr. 1	Mar. 18	5:30 - 6:30 PM	\$187	\$165
Broadway Bound	3 to 5 yrs.	Thursdays	Jan. 16	Mar. 26	Mar. 19	5:00 - 5:45 PM	\$170	\$150
Junior Ballet	3 to 5 yrs.	Saturdays	Jan. 11	Mar. 28	Feb. 15 & Mar. 14	10:00 - 10:45 AM	\$170	\$150
Ballet Stars	5 to 8 yrs.	Saturdays	Jan. 11	Mar. 28	Feb. 15 & Mar. 14	10:45 - 11:45 AM	\$170	\$150

MIFGASH - ISRAELI CULTURAL ARTS

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee
J Rikudiyah, Israeli Dancing	3 to 8 yrs.	Mondays	Jan. 13	Mar. 23	Feb. 10 & 18	4:30 - 5:30 PM	\$120
Singalong	18+	Tuesdays	Oct. 29	June 16	-	8:00 - 9:30 PM	\$80/Session or \$10/ Class
Voices of Toronto	18+	Wednesdays	Oct. 9	Dec. 11	-	7:30 - 9:30 PM	\$80/Session or \$10/ Class
ShiRonTo, an Israeli Choir	18+	Thursdays	Feb. 25	Feb. 25	-	7:30 - 10:30 PM	\$230

Explore the
WONDERS OF WINTER

Register for winter now at scentre.ca

CHILDREN - VISUAL ART PROGRAMS

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Mini Masters Art	3.5 to 6 yrs.	Mondays	Jan. 13	Mar. 30	Feb. 17	5:30 - 6:15 PM	\$162	\$135
Kids Clay Studio	3.5 to 6 yrs.	Tuesdays	Jan. 14	Mar. 31	Mar. 17	5:30 - 6:15 PM	\$198	\$165
L'Dor V'Dor Glass Workshop	Grandparents & Children	Tuesday	Mar. 17	Mar. 17	-	10:00 - 11:30 AM	\$95	\$85
STEM Inspired Art	6 to 9 yrs.	Wednesdays	Jan. 15	Apr. 1	Mar. 18	5:30 - 6:25 PM	\$198	\$165
Drawing & Painting	9 to 12 yrs.	Wednesdays	Jan. 15	Apr. 1	Mar. 18	6:30 - 7:30 PM	\$198	\$165
Children Ceramics	6 to 10 yrs.	Thursdays	Jan. 16	Mar. 26	Mar. 19	5:00 - 6:30 PM	\$200	\$170
Youth Ceramics	10 to 14 yrs.	Thursdays	Jan. 16	Mar. 26	Mar. 19	6:30 - 8:00 PM	\$200	\$170
Kids Art Studio	3.5 to 6	Thursdays	Jan. 16	Mar. 26	Mar. 19	5:30 - 6:15 PM	\$180	\$150

ADULT - CERAMICS PROGRAMS

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Beginner Ceramics	18+	Mondays	Jan. 6	Apr. 6	Feb. 17 & Mar. 16	7:00 - 10:00 PM	\$336	\$287
Hand Building & Wheel Throwing	18+	Tuesdays	Jan. 7	Apr. 14	Mar. 17	12:00 - 3:00 PM	\$392	\$335
Hand Building & Wheel Throwing	18+	Wednesdays	Jan. 8	Apr. 1	Mar. 18	12:00 - 3:00 PM	\$336	\$287
Hand Building & Wheel Throwing	18+	Wednesdays	Jan. 8	Apr. 1	Mar. 18	7:00 - 10:00 PM	\$336	\$287



Live the JCC
through JTV



Follow us online
@SchwartzReismanCentre



ADULT - VISUAL ART PROGRAMS

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Painting & Drawing Development with Jacqueline Crawley	18+	Tuesdays	Jan. 7	Mar. 24	Mar. 17	10:00 AM - 3:30 PM	\$374	\$319
CHAGIM Glass Workshop	18+	Tuesday	Feb. 25	Feb. 25	-	7:30 - 9:30 PM	\$95	\$85
L'Dor V'Dor Glass Workshop	Grandparents & Children	Tuesday	Mar. 17	Mar. 17	-	10:00 - 11:30 AM	\$95	\$85
Open & Independent Study with Suzanne Metz	18+	Wednesdays	Jan. 8	Apr. 8	Mar. 18	9:30 AM - 12:30 PM 1:00 - 4:00 PM	\$488	\$390
Beginners Watercolour with Lorraine Ireland	18+	Thursdays	Feb. 6	Mar. 26	-	10:00 AM - 12:30 PM	\$210	\$176
Life Drawing with Suzanne Metz	18+	Fridays	Jan. 24, Feb. 21, Mar. 27			10:00 AM - 1:00 PM	\$114	\$98

ADULT - PROGRAMS

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
J choir	18+	Mondays	Jan. 20	Mar. 2	Feb. 17	7:30 - 9:00 PM	\$108	\$90
The House Band	18+	Tuesdays	Jan. 21	Mar. 3	-	7:30 - 9:00 PM	\$168	\$147
Experience World Cultures Through Classical Music	18+	Tuesdays	Jan. 21	Feb. 25	-	1:00 - 2:30 PM	\$108	\$90

Explore the
WONDERS OF WINTER

Register for winter now at scentre.ca

RECREATION & EDUCATION



PARENT & TOT PROGRAMS (MUSIC, MOVEMENT & MORE)

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Little Stars	1 to 3 yrs.	Sundays	Jan. 12	Mar. 29	Feb. 16, Mar. 15	10:00 - 10:45 AM	\$180	\$150
 zumbini. CREATED BY ZUMBA • BABYFIRST.	0 to 4 yrs.	Tuesdays	Jan. 14	Mar. 3	-	10:15 - 11:00 AM	\$144	\$120
 zumbini. CREATED BY ZUMBA • BABYFIRST.	0 to 4 yrs.	Saturdays	Jan. 11	Mar. 7	-	10:30 - 11:15 AM	\$144	\$120

CAREGIVER & CHILD - DROP IN PROGRAMS

Drop-in programs are a great way to promote activity and social engagement while being flexible to meet the needs of your schedule. The programs are “pay as you go” for activities listed below.

Parent or guardian (16 year +) supervision is mandatory.

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Mini Movement	Under 4 yrs.	Wednesdays	-	-	-	10:00 - 11:00 AM	\$5	INCLUDED
Mommy & Baby FunFit	Under 18 m.	Wednesdays	-	-	-	11:30 AM - 12:30 PM	\$5	\$5
Mommy & Baby Social	Under 18 m.	Thursdays	-	-	-	11:00 AM - 12:30 PM	\$5	\$5
Shabbat at the J	1 to 5 yrs	Fridays	-	-	-	9:30 AM - 12:00 PM	\$5	INCLUDED

RED CROSS SAFETY COURSES

Program Name	Age (yrs)	Start Date	Time	Regular Fee	Member Fee
Stay Safe! Kosher & nut free pizza included	9 to 13 yrs.	Jan. 17, Feb. 12, June 1	9:00 AM - 3:30 PM	\$70	\$60
Babysitting Course & Kosher and nut free pizza included	11 to 15 yrs.	Jan. 31, June 1	8:45 AM - 4:15 PM	\$85	\$75

Explore the
WONDERS OF WINTER

Register for winter now at scentre.ca

PJ PLUS

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee
Beit Rayim	18 m to 3 yrs.	Sundays	Jan. 12	May 10	Feb. 16, Mar. 15 & 22, Apr. 12	10:00 - 11:00 AM	\$112
Holy Blossom Temple	18 m to 3 yrs.	Sundays	Jan. 12	May 10	Feb. 16, Mar. 15 & 22, Apr. 12	10:00 - 11:00 AM	\$112
Kachol Lavan Hebrew Speaking	18 m to 3 yrs.	Sundays	Jan. 12	May 10	Feb. 16, Mar. 15 & 22, Apr. 12	11:30 AM - 12:30 PM	\$112
Solel Congregation Bet Sefer	18 m to 3 yrs.	Sundays	Jan. 12	May 10	Feb. 16, Mar. 15 & 22, Apr. 12	9:45 - 10:45 AM	\$112
Shaarei Beth El Synagogue	18 m to 3 yrs.	Sundays	Jan. 12	May 3	Jan 19, Feb 9 & 16, Mar. 15 & 22, Apr. 5 & 12	10:00 - 10:45 AM	\$80
Temple Sinai Congregation	18 m to 3 yrs.	Sundays	Jan. 12	May 3	Feb 16, Mar. 15 & 22, Apr. 12	9:15 -10:15 AM	\$104
Beth Tikvah Synagogue	18 m to 3 yrs.	Sundays	Jan. 12	May 10	Feb 16, Mar. 15 & 22, Apr. 12	10:00 -11:00 AM	\$112
The Toronto Heschel School	18 m to 3 yrs.	Fridays	Jan. 10	May 8	Feb 14, Mar. 20, Apr. 10 & 17	10:45 - 11:45 AM	\$112
Temple Kol Ami	18 m to 3 yrs.	Saturdays	Jan. 18	May 9	Feb 15, Mar. 14 & 21, Apr. 11	9:45 -10:45 AM	\$104

ADULT - PROGRAMS

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Empower your Brain with Sudoku	18+	Mondays	Jan. 27	Mar. 9	Feb. 17	10:00 AM - 12:00 PM	\$30	\$25
Mah Jongg Beginners	18+	Tuesdays	Jan. 21	Feb. 25	-	1:00 - 3:00 PM	\$85	\$72
Mah Jongg Level 2 Supervised	18+	Tuesdays	Jan. 21	Mar. 24	-	10:00 AM - 12:00 PM	\$100	\$91
Drop - in Duplicate Bridge	18+	Tuesdays	Ongoing	Ongoing	-	6:45 to 9:15 PM	\$4	\$4
Connecting with Technology	18+	Wednesdays	Jan. 22	Feb. 26	-	10:30 AM - 12:00 PM	\$30	\$25
Canasta	18+	Thursdays	Mar. 5	Mar. 26	-	10:00 AM - 12:00 PM	\$95	\$85



INCLUSIONS SERVICES

We are pleased to offer recreational community-based programs designed to meet specific needs identified to us by people with disabilities and their families. Ensuring there is a good program fit is especially important in setting up participants for success. Prior to registration, parents/guardians are requested to fill out an assessment form and, for some programs, take part in a 15-20 minute interview. During the intake process, additional information from other professionals or teachers may be requested.

Program Name	Age (yrs)	Days of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee
Yoga	6 to 12 yrs.	Mondays	Jan. 6	Mar. 9	-	7:30 - 8:30 PM	\$207	\$180
Martial Arts	6 to 15 yrs.	Wednesdays	Jan. 8	Mar. 4	-	6:30 - 7:15 PM	\$207	\$180
Multisport in partnership with Special Olympics Ontario	6 to 12 yrs.	Thursdays	Jan. 9	Mar. 5	-	5:20 - 6:20 PM	\$207	\$180
Discovery Club The Robot's are here!	6 to 12 yrs.	Saturdays	Jan. 4	Mar. 7	Feb. 15	10:30 - 11:50 AM	\$350	\$315
Social & Life Skills club	15 to 22 yrs.	Saturdays	Jan. 4	Mar. 7	Feb. 15	9:30 - 10:30 AM	\$350	\$315
Social Clubs	10 to 14 yrs.	Saturdays	Sept. 28	Once per month	-	Check our Website	Based on activity	Based on activity
Social Outings	15 to 22 yrs.	Saturdays	Sept. 28	Once per month	-	Check our Website	Based on activity	Based on activity
Arts & Creative Program	15 to 22 yrs	Saturdays	Jan. 4	Mar. 7	Feb. 15	10:30 - 11:45 AM	\$350	\$315
Swim	4 to 25 yrs	Varies	Varies	Varies	-	Check our Website	Varies	Varies

PILLARS OF EDUCATION

TWO OF THE CITY'S FASTEST GROWING HEBREW SUPPLEMENTARY SCHOOLS

We reached out to two JCC educational leaders, **Gayla Sarner**, Director of the Canadian Israeli Project, Co-Founder of Kachol Lavan, and **Tova Hovich**, founder of J. Roots, to find out the secret to creating two of the most successful supplementary Hebrew schools in the city.



Learn Jewish identity and Hebrew language skills through an exciting school culture and a multi-levelled experiential curriculum.
jroots@srcentre.ca



Students focus on Hebrew language preservation and acquisition, Israeli culture, Jewish tradition, heritage and holiday celebrations through an experiential, dynamic and valuable curriculum.
kachol.lavan@srcentre.ca

WHAT IS THE SECRET TO CREATING AN EXCELLENT SUPPLEMENTARY SCHOOL?

TOVA HOVICH: There are many components in creating an excellent supplementary school. First is to create a unique school culture tailored to the requests and desires of the Jewish clientele that you serve. Second is the implementation of the best educational practices from the field of supplementary education. The pedagogy and the teaching philosophy must be high-level, innovative, attractive and engaging with a multi-level Hebrew and Judaic content approach.

GAYLA SARNER: The secret code of the Jewish people is the Hebrew language — parents intuitively understand this and are looking for this engagement for their children. As with any successful community initiative, the primary element in creating an excellent supplementary school is the vision.

NO HST
ON CAMP
FEES!



SAVE UP TO \$500 ON CAMP FEES!

EARLY BIRD MARCH 2, 2019

FULL DAY
9:00 AM - 4:00 PM

2 WEEKS	\$1,118
4 WEEKS	\$2,140
6 WEEKS	\$2,957
8 WEEKS	\$3,439

WINTER CAMP 2019/2020

SPECIAL PRICE
WEEK 1 & 2 \$700

WEEK 1 (DEC. 23, 24, 26 & 27)	\$360
WEEK 2 (DEC. 30, 31 & JAN. 2-3)	\$360

NOW HIRING STAFF

**FOR SCHOOL BREAKS
AND SUMMER 2020**

**APPLY NOW AT
CENTRECAMP.CA/APPLY**

★ centrecamp.ca ★ 416-636-2267 ★ info@centrecamp.ca

SUMMER CAMP BENEFITS

- ★ Receive 2020 camp swag
- ★ Towel service included
- ★ Digital cabin photo

LUNCH PROGRAM

- ★ Daily kosher and nut-free options available (additional cost)

NEW ALUMNI DISCOUNT

- ★ Give us a call for details (25% per family)

SIBLING DISCOUNT

- ★ 5 % off for the second child, 35% for the third and subsequent children

VISIT CENTRECAMP.CA FOR CURRENT PROMOTIONS AND TO REGISTER TODAY!



JCC CHAI SPORTS

The official sports program of the J.

We offer learn to play, house league and rep programs in:

• **Hockey** • **Basketball** • **Flag Football** • **T-Ball/Baseball** • **Soccer**

We are also the official delegation representing Toronto at the **JCC Maccabi Games** for elite athletes aged 13-16.

For More Information

visit jccchaisports.com

chai sports



UJA FEDERATION
of Greater Toronto

REGISTER TODAY! FOR SWIM LESSONS

Program Name	Age (yrs)	Day of the Week	Start	End	Closure	Times	Member Fee
Parent & Tot	0 to 2.9 yrs.	Sat / Sun	Jan. 6	Mar. 30	Feb. 17 & Mar. 16-22	Check Website	30% discount
Learn to swim	3 to 12 yrs.	All	Jan. 6	Mar. 30	Feb. 17 & Mar. 16-22	Check Website	30% discount
Swim Team Development	10 to 14 yrs.	All	Jan. 6	Mar. 30	Feb. 17 & Mar. 16-22	Check Website	30% discount
Water Polo Development	10 to 16 yrs.	Tues/Thurs/Sun	Jan. 6	Mar. 30	Feb. 17 & Mar. 16-22	Check Website	30% discount
Aquatic Leadership	12+	Saturdays	Jan. 6	Mar. 30	Feb. 17 & Mar. 16-22	Check Website	30% discount



Explore the
WONDERS OF WINTER

Register for winter now at scentre.ca

J ACADEMY SLEEPOVER CAMP 2020



JOIN US AUGUST 16-28 FOR AN UNFORGETTABLE SUMMER

CHILDREN AND TEENS (AGES 8 - 16) FROM RUSSIAN-SPEAKING BACKGROUND

ACTIVITIES INCLUDE:

SWIMMING * TUBING * WATER SPORTS
ART & MUSIC * THEATRE * SCIENCE * HIGH ROPES

REGISTER TODAY
SRCENTRE.CA/JACADEMY

JOIN OUR TEAM

APPLY TODAY AT SRCENTRE.CA/JACADEMY



**GENESIS
PHILANTHROPY
GROUP**

WE CELEBRATE AT THE J!

THURSDAY, DECEMBER 12TH

Chanukah Sing-a-Long

TUESDAY, FEBRUARY 4TH TO 20TH

Jewish Disability Awareness & Inclusion Month

SUNDAY, JANUARY 5TH

Fitness Day at the J

FRIDAY, MARCH 6TH

LGBTQ+ Purim Dinner

SUNDAY, MARCH 8TH

Community-Wide Purim Party

SUNDAY, MARCH 29TH

J Rikudiyah, The Israeli Folk Dance Festival

SAVE THE DATE

VISIT SRCENTRE.CA FOR ALL EVENT INFORMATION

The Sheff Family Building

Expanded home of the Prosserman JCC



OPENING SPRING 2020

Be the first to join the legacy!

Pre-sale starts soon.

Prosserman JCC

4588 Bathurst St., Toronto, Ontario M2R 1W6
prossermanjcc.com



Follow us online
[@prossermanjcc](https://www.instagram.com/prossermanjcc)



Prosserman JCC



UJA FEDERATION
of Greater Toronto