

Time for **Together** 

SCHWARTZ/REISMAN CENTRE

PROGRAM GUIDE

SPRING 2022



HEALTH & WELLNESS

CHILDREN & FAMILY

ADULTS & SENIORS

CAMP

SPORTS

AND MORE!



Your Membership Includes:



- ✓ Free multi-campus access to the Prosserman JCC (Bathurst, just North of Sheppard)
- ✓ Three saltwater pools, including two indoor and one outdoor for lane and recreational swimming.
- ✓ A state-of-the-art fitness centre with multiple studios for expanded group exercise programming such as Zumba, Aquafit, Yoga, Cycling, and Combat.
- ✓ Access to our full-court sports gymnasiums.
- ✓ Discounts on programs, including arts and culture, swim lessons and community events.
- ✓ Luxury changing room facilities with steam room and sauna access.
- ✓ Complimentary personal training starter package and yearly Fit Check appointments with our personal training team, who are here to help you achieve your goals.
- ✓ Kids programs, including Mini movement, Fun Fit, Dodgeball, DanceFit Jr. and many more.
- ✓ Sample classes and specialty programs such as Boxing, Krav Maga and Small group training.
- ✓ Community events, allowing you and your family to connect with other members.
- ✓ Free underground parking.

TO JOIN:

Call:

905-303-1821

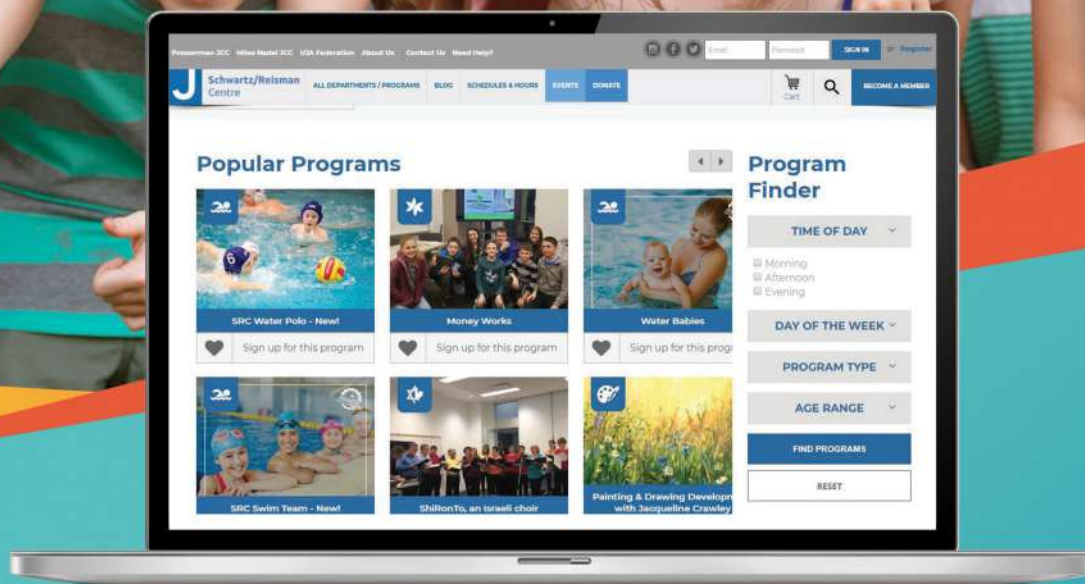
Website:

join.srcentre.ca/src/membership



Registration made EASY!

Some recreation and fitness programs require proof of full vaccination in order to participate. Find out who this affects and what is required on the Schwartz/Reisman Centre JCC web sites.



With so many incredible programs offered at the Schwartz/Reisman Centre, we wanted to ensure the registration process was as easy as possible for all of our members and guests. Easy online registration is now available for all your favourite programs and events!

TO REGISTER:

Call: **905-303-1821** Email: **info@srcentre.ca**



SCAN THE CODE

WITH THE CAMERA APP ON YOUR PHONE TO WATCH A HOW-TO VIDEO!

A Message from our Executive Director
and our JCC Board of Directors

Andrew Levy & Barry Cracower

Spring marks a time of rebirth and hope, and it is in that spirit that we proudly present to you our Spring 2022 Program Guide. We look forward to renewing and reinvigorating our community, TOGETHER, through the many exciting programs we have in store for you this season at our full-service Vaughan and Toronto locations.

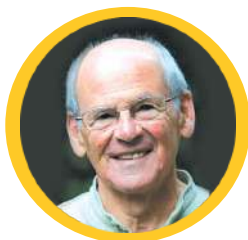
As we look forward to sunny days ahead and delight in the joy of physically being together once again, we invite you to join us and experience the undeniable energy that is unique to our JCC community. From Daycare and Preschool, Children, Family and Adult programs, Arts and Culture, Camp, Inclusion Services, Aquatics, Fitness, Supplementary School, the Virtual JCC and so much more, there is something for everyone at the JCC. Engage in activities that promote wellness, educate, and inspire. We are proud to be your community hub and home away from home.

We are honoured that you and your family choose to spend your time at the JCC. As you participate and engage in JCC life, if you would like to see us add specific programs to our repertoire, please email us at info@prossermanjcc.com or info@srcentre.ca. Your feedback and opinions are incredibly important to us.

Thank you for being part of our JCC community. We can't wait to see you at the J!



Andrew Levy
Executive Director



Barry Cracower
Chair, JCC Board of Directors

Registration for September 2022 is now open.
Limited space available. Book a virtual tour today.

Daycare and Early Childhood Education NOW OPEN

LIMITED
SPOTS
AVAILABLE!

Join our JCC family as your child embarks on their early learning journey. We believe your child's education is of vital importance, as it lays the foundation for future academic, social and emotional success.



TO BOOK YOUR TOUR:

Call:
905-303-1821 x3087

Email:
srcdaycare@srcentre.ca

CALL OR
EMAIL
TODAY!



Children & Family

The Schwartz/Reisman Centre is a place for families to connect. It has become the central location in the Jewish community that provides endless opportunities to live a fulfilling and meaningful life. Our children and family programs provide an entry way into the JCC and Jewish community, and encourage everyone to chase their passions, refine their skills and build confidence. Our mission is to offer something for the entire family. By walking through our doors, every member will succeed at finding something special to participate in, whether it be sports, dance or visual arts. We provide engaging speakers, dynamic programs and memorable celebrations, but we're also a place to hang out with friends and meet new people over a cup of coffee. New to the community or at home with a new baby? Begin your journey with us!

 **We Bond Together**

Register today at
srcentre.ca



Program Name	Age	Day of the Week	Start Date	End Date	Closure	Time	Regular	Member	# of Classes
									
L'Dance Programs									
Pop Stars	4.5 - 6 years	Tuesday	May 10	June 21	- - -	4:30 pm - 5:30 pm	\$175	\$154	7
Super Stars	6.5 - 8 years	Tuesday	May 10	June 21	- - -	5:40 pm - 6:40 pm	\$175	\$154	7
Jazz Funk Fusion	8 - 10 years	Wednesday	May 11	June 22	- - -	6:00 pm - 7:00 pm	\$175	\$154	7
Jazz Funk Fusion	10 - 12 years	Wednesday	May 11	June 22	- - -	7:10 pm - 8:10 pm	\$175	\$154	7
Baby Movement/Gym	4 - 18 months	Thursday	May 12	June 23	- - -	1:00 pm - 1:45pm	\$175	\$154	7
Mini Stars	12 months - 3.5 years	Thursday	May 12	June 23	- - -	10:00 am - 10:45 am	\$175	\$154	7
Shabbat at the J	6 months - 3 years	Friday	May 27	June 24	- - -	9:30 am - 10:15 am	\$125	\$110	5
Little Stars	walking - 3 years	Saturday	May 14	June 25	May 21	9:15 am - 10:00 am	\$150	\$132	6
Junior Ballet	3 - 4.5 years	Saturday	May 14	June 25	May 21	10:15 am - 11:00 am	\$150	\$132	6
Pop Stars	4.5 - 6 years	Saturday	May 14	June 25	May 21	11:15 am - 12:15 pm	\$150	\$132	6
Rising Stars	3 - 4.5 years	Sunday	May 15	June 26	June 5	9:45 am - 10:30 am	\$125	\$110	5
Baby Movement/Gym	8 - 12 months	Sunday	May 15	June 26	May 22 & June 5	10:45 - 11:30 am	\$125	\$110	5
Visual Art Classes									
Fun with Clay	6 - 11 years	Thursday	May 19	June 23	- - -	4:45 pm - 5:45 pm	\$132	\$120	6
Sculpture and Pottery	12 - 16 years	Thursday	May 19	June 23	- - -	6:00 pm - 8:00 pm	\$132	\$120	6





- ✓ The largest Jewish day camp in the GTA
- ✓ Daily instructional and recreational swim
- ✓ Jewish culture and Hebrew immersive experiences
- ✓ Camp programs for ages 4 to 14 years
- ✓ Specialized sports, theatre, and leadership camps
- ✓ Now at two camp sites!

Visit

centrecamp.ca

and

Register Now!



Schwartz/Reisman
Centre

**SPOTS
FILLING UP
FAST!**



Inclusion Services

The J Inclusion Services department empowers children, teens and young adults who have different abilities and special needs by giving them opportunities to grow, connect and participate in a meaningful way. We are pleased to offer community based recreational programs designed to meet specific needs identified to us by our community including, social clubs, social outings, multisport, yoga, and the swim program. We are providing our community with a vital service by creating an environment where everyone is welcome. People with different abilities are given the opportunity to belong, connect, participate and make friends at the J.



Program Name	Age	Day of the Week	Start Date	End Date	Closure	Time	Regular	Member	# of Classes
Challenger Baseball* - In partnership with Jays Care Foundation	5 - 12 years	Thursdays	April 28	June 23	- - -	6:10 - 6:55 pm	\$175	\$145	9
Multisport	5 - 12 years	Thursdays	April 28	June 23	- - -	5:15 - 6:00 pm	\$207	\$180	9
Social Club / Outing oriented to a specific participant's profile	12 - 15 years	Saturdays	April 23	June 18	- - -	- - -	Based on activity	Based on activity	- - -
Social Club NEW oriented to a specific participant's profile	12 - 15 years	Saturdays	April 23	June 18	- - -	- - -	Based on activity	Based on activity	- - -
Social Club NEW oriented to a specific participant's profile	16 - 18 years	Saturdays	April 23	June 18	- - -	- - -	Based on activity	Based on activity	- - -
Social Club / Outing	19 - 25 years	Saturdays	April 23	June 18	- - -	- - -	Based on activity	Based on activity	- - -
The Swim Program - Private lessons	4 - 25 years	Saturdays	May 7	July 9	June 11	8:30 am - 3:30 pm	\$472	\$416	8

*Sponsored by the Jays Care Foundation - Blue Jays

Adult Programs

The Adult Department embraces and welcomes diversity of our community and allows people to connect with ideas and concepts through a unique creative, Jewish lens. Join us to explore cultural, social, educational and recreational programs for adults of all ages. Whether you are looking to connect to others, learn a new skill or engage in the Jewish community, you will enrich your life.



Register today at
[srcentre.ca](https://www.srcentre.ca)



Department	Program Name	Age	Day of the Week	Start Date	End Date	Closure	Time	Regular Fee	Member Fee	# of Classes
Adults & Seniors	Lifewriting Season 1	18 +	Monday	May 9	June 27	May 23 & June 6	2:00 pm - 3:00 pm	\$96	\$90	6
Adults & Seniors	Motion in still photography	18 +	Thursday	May 19	June 16	- - -	10:00 am - 12:00 pm	\$85	\$75	5
Adults & Seniors	Introduction to Embroidery	18 +	Thursday	May 19	June 16	June 2	10:00 am - 1:00 pm	\$250	\$225	4
Adults & Seniors	Lifewriting Season 2	18 +	Friday	May 20	June 24	- - -	2:00 pm - 3:00 pm	\$96	\$90	6
Visual Arts	Glass workshop - Mezuzah	18 +	Wednesday	May 25	May 25	- - -	7:30 pm - 9:30 pm	\$110	100	1
Visual Arts	Glass workshop - Square Platter with Wavy Edges	18 +	Wednesday	May 25	May 25	- - -	7:30 pm - 9:30 pm	\$120	\$110	1
Visual Arts	Glass workshop - Square Platter/Matzah Plate	18 +	Wednesday	May 25	May 25	- - -	7:30 pm - 9:30 pm	\$155	\$140	81
Visual Arts	Glass workshop - Rectangular Board / Challah Board	18 +	Wednesday	May 25	May 25	- - -	7:30 pm - 9:30 pm	\$155	\$140	1
Adults & Seniors	Challah Bake for the Soul	18 +	Tuesday	May 31	May 31	- - -	7:30 pm - 9:00 pm	\$25	\$22	1
Visual Arts	Independent Study Virtual Program	18+	Wednesday	March 23	May 25	- - -	1:00 pm - 4:00 pm	\$400	\$330	10
Visual Arts	Hand Building and Wheel Throwing In-person	18+	Wednesday	April 27	June 29	- - -	12:00 pm - 3:00 pm	\$400	\$330	10
Visual Arts	Hand Building and Wheel Throwing In-person	18 +	Wednesday	April 27	June 29	- - -	7:00 pm - 10:00 pm	\$400	\$330	10
Visual Arts	Hand Building and Wheel Throwing In-person	18 +	Monday	May 2	June 27	May 3 & June 6	10:00 am - 1:00 pm	\$278	\$231	7
Visual Arts	Open Studio - per day	18 +	Monday	May 2	May 2	- - -	1:30 pm - 4:30 pm	\$18	\$15	1
Visual Arts	Open Studio - per day	18 +	Monday	May 9	May 9	- - -	1:30 pm - 4:30 pm	\$18	\$15	1
Visual Arts	Mastering Your Own Practice	18 +	Tuesday	May 10	June 28	- - -	10:00 am - 1:00 pm	\$320	\$264	8
Visual Arts	Drawing & Watercolour: Getting Started	18 +	Fridays	May 13	June 17	- - -	10:00 am - 1:00 pm	\$170	\$150	6
Visual Arts	Open Studio - per day	18 +	Monday	May 16	May 16	- - -	1:30 pm - 4:30 pm	\$18	\$15	1
Visual Arts	Open Studio - per day	18 +	Monday	May 30	May 30	- - -	1:30 pm - 4:30 pm	\$18	\$15	1
Visual Arts	Open Studio - per day	18 +	Monday	June 13	June 13	- - -	1:30 pm - 4:30 pm	\$18	\$15	1
Visual Arts	Open Studio - per day	18 +	Monday	June 20	June 20	- - -	1:30 pm - 4:30 pm	\$18	\$15	1
Visual Arts	Open Studio - per day	18 +	Monday	June 27	June 27	- - -	1:30 pm - 4:30 pm	\$18	\$15	1
The Israeli Canadian Project	Celebrating Jerusalem Day: When Machane Yehuda and Toronto Meet - Virtual Program	18 +	Sunday	May 29	May 29	- - -	1:00 pm - 2:00 p.m.	- - -	- - -	1



Your Fit Start!

Begin your fitness journey by exploring what we have to offer at the J! We have a skilled and enthusiastic group of Certified Personal Trainers available who are willing and able to assist you in reaching your personal fitness goals.

Every new and returning member is offered two complimentary Fit Starts valued at over \$170.

Fit Start Session 1

Complete an assessment with a personal trainer to set Fitness Goals and undergo a Functional Movement Screening. This session also includes a discussion about the different fitness options available to you at the J!

Fit Start Session 2

Using the knowledge gained during your first Fit Start, your personal trainer will deliver a personalized training session with considerations to your health needs and goals. After completion of this session, you will be provided with corrective exercises and a greater understanding of the various offerings included in your membership to continue with your fitness journey.

CONTACT HAILEY TO START TODAY!

Call:
905-303-1821 x3031

Email:
hailey@srcentre.ca

Whether you have a specific injury to consider, a special event to get ready for, want to maintain your current strength/stamina or simply don't know where to begin – Fit Starts are customized to ensure you are successful in your fitness goals.

Did you know that individuals who work with a Personal Trainer are 80% more likely to achieve their desired results 3 times faster than those who work out alone? Our dynamic team of trainers are ready to help you work towards your fitness goals.

We offer 30 mins, 45 mins and 60 mins training sessions (one-on-one or semi-private) in packages of 10, 20 or 30 sessions.

To learn more about our individual trainers and pricing please contact hailey@srcentre.ca or **905-303-1821 x3031**

Program Name	Program Description	Age	Day of the Week	Start Date	End Date	Time	Member Fee
Physiotherapy - Wellness Services	We are excited to introduce our new Physiotherapy Program to the J. Our Physiotherapist is available on site every Wednesday, bringing the convenience of injury rehabilitation to your respective JCC location. Physiotherapy Services can be submitted under your extended healthcare benefits. Check with your healthcare insurance provider to see your eligibility.	5 - 12 years	Wednesday	On-going	On-going	9 am - 2 pm PJCC 3 pm - 8 pm SRC	Consultation (1hr): \$120.00 Follow Up: (30mins): \$90.00

Health & Wellness - Specialty Programs

Program Name	Age / Group	Day of the Week	Start Date	End Date	Start/End Time	Cancellation Dates	# of Lessons	Member Fee Per Session	Non-Member Fee Per Session	Member Fee Per Class	Non-Member Fee Per Class	# of Spots
Triathlon Training	15 +	Thursday Swim	April 21	June 23	6:00 - 7:00 am	- - -	10	\$230	\$270	\$23	\$27	12
Triathlon Training	15 +	Saturday Swim	April 23	June 25	6:00 - 7:00 am	- - -	10	\$230	\$270	\$23	\$27	24
J-Fit Teen Training	Coed (10-14y)	Tuesday	April 19	June 21	6:30 - 7:30 pm	- - -	10	\$170	\$200	\$17	\$20	16
J-Fit Teen Training	Girl Power (10-14 y)	Wednesday	April 20	June 22	6:30 - 7:30 pm	- - -	10	\$170	\$200	\$17	\$20	16
Sprout Sports	3 - 5 y	Sunday	April 24	June 26	10:00 - 10:45 am	- - -	10	\$150	\$180	\$15	\$18	16
Sprout Sports	2 - 3 y	Tuesday	April 19	June 21	4:00 - 4:45 pm	- - -	10	\$150	\$180	\$15	\$18	16
Jr. Boxing Club	8 - 13 y	Monday, Wednesday	April 18	June 22	6:00 - 7:00pm	May 23	19	\$285	\$342	\$15	\$18	16
Adult Boxing Club	14 +	Monday, Wednesday	April 18	June 22	7:00 - 8:30 pm	May 23	19	\$323	\$380	\$17	\$20	16
Adult Boxing Club	14 +	Friday	April 22	June 24	6:00 - 7:30 pm	- - -	10	\$170	\$200	\$17	\$20	16
Krav Maga Jr	10 - 13 y	Tuesday, Thursday	April 19	June 23	6:00 - 7:00 pm	- - -	20	\$340	\$400	\$17	\$20	16
Krav Maga	14 +	Tuesday, Thursday	April 19	June 23	7:00 - 8:30 pm	- - -	20	\$360	\$440	\$18	\$22	16
Kids Karate	5 - 9 y	Wednesday	April 20	June 22	5:00 - 6:00 pm	- - -	10	\$150	\$180	\$15	\$18	16
Parkinson's Virtual Class	18 +	Wednesday	April 20	June 22	5:30 - 6:30 pm	- - -	10	\$170	\$200	\$17	\$20	20
Senior Fit	65 +	Monday, Wednesday	April 18	June 22	10:30 am - 11:30 am	May 23	19	\$285	\$342	\$15	\$18	12
Live Well: Functional Health	18 +	Tuesday, Thursday	April 19	June 23	10:30 - 11:30 am	- - -	20	\$360	\$400	\$18	\$20	12
Live Well: Functional Health	18 +	Tuesday, Thursday	April 19	June 23	5:30 - 6:30 pm	- - -	20	\$360	\$400	\$18	\$20	12
Women's Kickboxing	18 +	Tuesday	April 19	June 23	8:30 - 9:30 pm	- - -	10	\$150	\$180	\$15	\$18	16
Parent/Child Training	10 - 14 y	Thursday	April 21	June 23	6:00 - 7:00 pm	- - -	10	\$250	\$300	\$25	\$30	6

Mid-Spring 2022

Outdoor Sprout Sport Jr Soccer	3.5 - 5 y	Thursday	May 26	June 23	5:00 - 6:00 pm	- - -	5	\$75	\$90	\$15	\$18	12
Outdoor J-Fit Teen Training	Coed (10 - 14 y)	Thursday	May 26	June 23	6:30 - 7:30 pm	- - -	5	\$85	\$100	\$17	\$20	12
Spikeball & Kanjam Extravaganza	10 - 14 y	Monday	May 30	June 20	5:30 - 6:30 pm	May 23	4	\$56	\$68	\$14	\$17	12
Triathlon Club Run	15 +	Tuesday	May 24	June 21	7:00 - 8:00 pm	- - -	5	\$75	\$90	\$15	\$18	20

CONTACT ALEXIS TO START TODAY!

Call:
905-303-1821 x3276

Email:
alexis@srcentre.ca

Aquatic Programs



Program Name: Group 30 minute Swim Classes

Program Description: Swim Lessons are based on the Canadian Red Cross swim standards. Group ratio is 4:1

Recommendation : - - -

Disclosure: - - -

Age: 3 - 12 years

Day of the Week: All days (excluding holidays)

Start Date: April 18

End Date: June 26

Closure Date: May 23

Non-Member Fee: (Monday - \$225) (Tues-Sun \$250)

Member Fee: (Monday \$175.50) (Tues-Sun \$195)

Time: (Mon-Thur, PM) (Sat AM)
(Sun AM&PM)

of Classes: (Monday-9) (Tues to Sun- 10)



Program Name: **Swim Team Development**

Program Description: Introduction to swim competition mechanics in a supportive environment focusing on skill development over competition. Participants will be part of an entry level pre-competition training environment. Participants will be learning 4 competitive swim strokes (Freestyle, Backstroke, Breaststroke, and Butterfly) from an experienced swim instructor.

Recommendation : Swim kids 10 or above. Goggles and Swim cap

Disclosure: This course is pre-competitive. Participants entering this program are swimmers that wish to experience a pre-competitive training environment with an experienced swim instructor. **This course is not a “learn to swim” program.**

Age: 0 - 99 years

Day of the Week: (Advanced - Monday, Wednesday, Saturday)
(Intermediate 2 - Monday, Wednesday)

Start Date: April 18

End Date: June 25

Closure Date: May 23

Non-Member Fee: (Advanced Option 1 MWS - \$725)
(Advanced Option 2 MS - \$475)
(Advanced Option 3 MW - \$475)
(Advanced Option 4 WS - \$550)
(Intermediate - \$475)

Member Fee: (Advanced Option 1 MWS - \$580)
(Advanced Option 2 MS - \$380)
(Advanced Option 3 MW - \$380)
(Advanced Option 4 WS - \$440)
(Intermediate - \$380)

Time: (Advanced Mon - 7:30pm - 8:30pm
/ Wed 7:30pm - 8:30pm
/ Sat 11:30am - 1pm)
(Advanced Mon 7:30 - 8:30pm
/ Sat 11:30am - 1pm)
(Advanced Mon 7:30-8:30pm
/ Wed 7:30-8:30pm)
(Advanced Wed 7:30-8:30pm
/ Sat 11:30am - 1pm)
(Intermediate Mon 6pm - 7pm
/ Wed 6pm - 7pm)

of Classes: (ADV Option 1 - 29)
(ADV Option 2- 19)
(ADV Option 3 - 19)
(ADV Option 4 - 20)
(INT Option 5 - 19)

Program Name: **Water Polo**

Program Description: Introduction to water polo competition mechanics in a supportive environment focusing on skill development over healthy competition. Swimmers will learn the basic dribbling, water passes, and rules of water polo. Water polo is offered for both adults and children above 10 years old.

Recommendation : - - -

Disclosure: This course is pre-competitive. Participants entering this program are swimmers that wish to experience a pre-competitive training environment with an experienced coach. This course is not a “learn to swim” program.

Age: 10 - 15 years

Day of the Week: Option 1 – Tuesday, Thursday, Saturday
Option 2 – Tuesday, Thursday

Start Date: April 19

End Date: June 25

Closure Date: May 23

Non-Member Fee: (Option 1 - \$600) (Option 2- \$400)

Member Fee: (Option 1 - \$480) (Option 2- \$320)

Time: PM Weekdays and Weekend

of Classes: (Option 1- 30) (Option 2- 20)

Program Name:	Group 45 minute Swim Classes	Age:	3 - 12 years
Program Description:	Swim Lessons are based on the Canadian Red Cross swim standards. Group ratio is 4:1	Day of the Week:	All days (excluding holidays)
Recommendation :	- - -	Start Date:	April 18
Disclosure:	- - -	End Date:	June 26
		Closure Date:	May 23
		Non-Member Fee:	(Monday \$333) (Tues-Sun \$370)
		Member Fee:	(Monday \$265.50) (Tues-Sun \$295)
		Time:	(Mon-Thur, PM) (Sat AM) (Sun AM & PM)
		# of Classes:	(Monday - 9) (Tues to Sun -10)

Program Name:	Private 30 minute swim lesson	Age:	All ages
Program Description:	Private 1:1 swim lessons with an experienced instructor. Based on the Canadian red Cross swim standards	Day of the Week:	All days (excluding holidays)
Recommendation :	- - -	Start Date:	April 18 2022
Disclosure:	- - -	End Date:	June 26 2022
		Closure Date:	May 23 2022
		Non-Member Fee:	(Monday \$558) (Tues-Sun \$620)
		Member Fee:	(Monday \$ 445.50) (Tues-Sun \$495)
		Time:	(Mon-Fri, PM) (Sat AM) (Sun AM&PM)
		# of Classes:	(Monday-9)(Tues to Sun- 10)

Program Name:	Private 45 minute swim lesson	Age:	All ages
Program Description:	Private 1:1 swim lessons with an experienced instructor. Based on the Canadian red Cross swim standards	Day of the Week:	All days (excluding holidays)
Recommendation :	- - -	Start Date:	April 18
Disclosure:	- - -	End Date:	June 26
		Closure Date:	May 23
		Non-Member Fee:	(Monday \$828) (Tue-Sun \$920)
		Member Fee:	(Monday \$666) (Tues-Sun \$740)
		Time:	(Mon-Fri, PM) (Sat AM) (Sun AM&PM)
		# of Classes:	(Monday-9) (Tues to Sun- 10)

Program Name: **Adult 45 minute swim lesson**

Program Description: Adult swim lessons are offered for all age ranges of abilities. Beginner levels will focus on basic swim techniques, intermediate levels will focus on swim strokes and, basic deep end experiences, advanced levels are for those looking to refine their swim technique and abilities.

Recommendation : - - -

Disclosure: - - -

Age: 18 +

Day of the Week: (Beginner - Monday) (Intermediate - Tue) (Advanced - Wed) (Master Swim Class - Saturday)

Start Date: April 18

End Date: June 26

Closure Date: May 23

Non-Member Fee: (Monday \$315) (Tue-Sun \$350)

Member Fee: (Monday \$252) (Tues-Sun \$280)

Time: (Mon, Tues, Wed PM) (Saturday AM)

of Classes: (Monday-9) (Tues to Sun- 10)

Program Name: **Bronze Leadership program**

Program Description: Bronze leadership courses are accredited by the Lifesaving Society of Ontario. Candidates will receive lifesaving techniques and receive fitness training. At a glance, Candidates are expected to swim 400m within 12 minutes for Bronze Medallion and 400m within 11 minutes for Bronze Cross. (Please note that course cancellations may happen due to low enrollment. Aquatics staff will inform candidates on alternatives)PREREQUISITES: Bronze Star - 10 + years Bronze Medallion + EFA - 13 years old+ , Bronze Cross - Bronze Medallion + EFA

Recommendation : - - -

Disclosure: - - -

Age: 10 +

Day of the Week: Monday or Saturday

Start Date: April 18 or April 23 2022

End Date: June 11

Closure Date: May 21 or May 23

Non-Member Fee: (Bronze Star \$ 230) (Bronze Med+EFA \$360)(Bronze Cross \$320)

Member Fee: (Bronze Star \$ 184) (Bronze Med+EFA \$288) (Bronze Cross \$256)

Time: Monday PM, Saturday PM

of Classes: Monday and Saturday 7 classes

Program Name: **Lifesaving Society National Lifeguard certification**

Program Description: National lifeguard courses are accredited by the Lifesaving Society of Ontario. Candidates will receive lifeguarding techniques, fitness training. This certification will allow candidates seek lifeguard employment opportunities.

Recommendation : - - -

Disclosure: - - -

Age: 15 +

Day of the Week: Saturday

Start Date: April 18 or April 23

End Date: June 11

Closure Date: No class May 21st

Non-Member Fee: \$612

Member Fee: \$490

Time: Saturday PM

of Classes: 9 classes

READY, SET GO!



LEARN MORE

KIDS FOR KIDS TRIATHLON 2022

Make your child a J SUPER HERO!

The J is passionate about creating supportive and inclusive experiences for athletes of all ages. Our goal is not only to help athletes meet their goal but to support and encourage our members to lead healthy active lives, regardless of ability levels. The Kids Triathlon is an expression of our philosophy.

Schwartz Reisman Centre

Sunday, June 12th

Single Race \$50

Prosserman JCC

Sunday August 21st

Single Race \$50

Race Series Price \$80

Registration
opens on
**April 1st,
2022**



The Goldene Medina Exhibit

From May 2nd to June 3rd, the Schwartz/Reisman Centre will host a new exhibition called The Goldene Medina (The Golden Land) in partnership with the South African Jewish Museum. The exhibit reflects the religious, social and political history of the Jews of South Africa from 1841 – 2016. The opening reception will be on Thursday May 12th at 7:00 p.m. and will feature a special presentation on the Jewish community in Uganda by Janice Masur, Author, Researcher and Historian.

Virtual J

Virtual J has brought custom Jewish content to communities across the globe, but back home in Toronto, we're building community for post pandemic experiences.

This spring, we're producing live shows from Leah Posluns Theatre at the Prosserman JCC!



- World renowned authors on Storyteller
- Celebrity chefs sharing their passion on The Nosh
- Jewish inspiration through Music History and Performance
- Global collaboration discussing important Jewish Perspectives
- Documentary screenings and LIVE Talkbacks

Come experience LIVE productions

Explore Jewish content only on

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For more information
Contact Dion Alpert at dion@srcentre.ca



Kachol Lavan

Immerse your children in an enriched Israeli & Jewish Environment

We focus on the Hebrew language acquisition and preservation, Israeli culture, Jewish tradition and heritage, as well as knowledge of Israel and holiday celebrations through an experiential, dynamic and valuable curriculum. The program is delivered with exceptional educational content catered to every age group and by a skillful team of professionals who inspire students in the classroom as well as their families and members of the community.

Available for ages Preschool to Bat/Bar Mitzvah.

Email: kachol.lavan@srcentre.ca Call: 905-303-5025



חוויה לימודית ברוח ישראלית

בית הספר מתמקד בהקניה ושימור השפה העברית, התרבות הישראלית, המורשת והמסורת היהודית, ידיעת הארץ והיסטוריה של עם ישראל באמצעות תוכנית לימודית ייחודית, דינמית וחוויתית המותאמת לקבוצות הגיל השונות ומונחית ע"י צוות מיומן ומקצועי.

מתאים לגילאי 3 ועד בת/בר מצווה.



Our heritage begins with our roots, and Jewish Education starts with JRoots! This unique program offers a perfect blend of Jewish Identity, Hebrew Literacy and Judaic Music & Arts for modern Jewish families. JRoots offers outstanding school culture with community customized curriculum, beautiful holiday celebrations, multigenerational workshops and stimulating multisensory activities for non-Hebrew speaking students. For over 10 years, JRoots Supplementary Hebrew School has been delivering educational excellence and inspiring young minds to explore the roots of their Jewish heritage, while bringing families together and building a Kehillah - a real J community - at the Schwartz/Reisman Centre and Prosserman JCC.

Available for ages Preschool to Bat/Bar Mitzvah.

Email:

jroots@srcentre.ca

Call:

905-303-2346



Schwartz/Reisman Centre

 Time for **Together**

Schwartz/Reisman Centre
The Joseph & Wolf Lebovic Jewish Community Campus
9600 Bathurst Street, Vaughan ON L6A 3Z8

Phone: 905-303-1821 **Website:** srcentre.ca



**Schwartz/Reisman
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